

**DEPARTMENT OF THE ARMY**  
Dental Detachment, U. S. Army Dental Activity  
Fort Huachuca, Arizona 85613-7040

DSBJ-CO

1 October 1998

MEMORANDUM FOR All U.S. Army Dental Activity Military Personnel

SUBJECT: Policy Letter 99-09, Weight Control Program

1. REFERENCES: AR 600-9, Army Weight Control Program

2. SCOPE: This policy applies to all military personnel assigned or attached to the Fort Huachuca Dental Activity.

3. POLICY:

a. All soldiers are required to maintain a standard with regard to weight. As Detachment Commander, it is my responsibility to ensure that those standards are enforced in this unit.

b. Typically, soldiers are weighed concurrent with APFT's. However, the Detachment Commander may authorize the weight of any soldier at anytime. If a suspicion of excess weight is present, I will mandate a height and weight be conducted.

c. For soldiers who do not meet height and weight standards, the Detachment Commander will:

(1) Counsel per AR 600-9 as appropriate and enrolled in the unit Weight Control Program.

(2) Initiate a Flag action.

(3) Initiate a Bar to Reenlistment (for enlisted).

(4) Weigh the soldier at the beginning of each month. This will gauge the soldier's weight loss while in the program and will be recorded each month.

(5) Separate the soldier from active duty service per AR 635-200, if the soldier does not show satisfactory progress while in the program. Separation will occur if the soldier shows a tendency to continually be re-enrolled in the Weight Control Program.

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4. When the soldier's weight falls within the standards of AR 600-9, all unfavorable personnel actions, etc. will be revoked. Additionally, the soldier will no longer be required to attend the remedial PT Program.

5. Point of contact for this matter is the 1SG at 533-3145 / 3144.

//Original Signed By//

WILLIAM F. BOHL  
1LT, MS  
Commanding